

SPRING 2025 ADULT PROGRAMS

For program information and registration contact Jenna
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Sole Mates at NDCHC

Walk the track, then have coffee, tea and other refreshments in the Senior Lounge.

Date: Wednesdays & Fridays

Apr 2 - Jun 6

No program Apr 18

Time: 9:00 am - 11:00 am



Programs are open to the community, anyone can join!

NDCHC is located at
2958 Greenfield Rd Ayr, ON

Take a Break at Kirkwood

Snacks, games, crafts, speakers, and more!

191 Stanley St. Ayr in the Lounge.

Date: Thursdays

Apr 3- Jun 5

Time: 11:00 am - 12:30 pm

No program April 17



Take a Break at Maple Grove

Snacks, games, crafts, speakers, and more!

43 Oxford St., Drumbo in the Lounge

Date: Thursdays

Apr 3- Jun 5

Time: 1:30 pm - 3:00 pm

No program April 17