

SPRING 2025 **ADULT PROGRAMS**

For program information and registration contact Jenna
E: jennach@langs.org or P:519-248-4769 ext. 3003

Creating Connection

Free cooking classes!

At Grow CC, 1 Groh Ave
Cambridge, ON

Date: Tuesdays, bi-weekly

Apr 1, 15, 29, May 13, 27

Time: 6:00 pm - 7:00 pm



BINGO at Jacob Hespeler Lodge

Join us for a game of Bingo
at 70 Mulberry Drive

Cambridge, ON

Date: Tuesdays, monthly

Apr 22 & May 20

Time: 1:30 pm - 3:00 pm

Take a Break at Shamrock CC

Snacks, games, crafts,
speakers, and more!

182 Queen St W

Cambridge, ON

Date: Tuesdays, weekly

Apr 1 - Jun 3

Time: 12:00 pm - 1:00 pm



Resource Centre

Come to Grow to create
resumes, print documents or surf
the internet.

Printing: 1st print/copy is free,
additional copies \$0.10/page

Hours: Mon, Wed, or Fri from
12:00 - 4:00pm

Participants will be asked to sign in
and provide contact information.

Programs are open to the community, anyone can join!