

WINTER 2025 ADULT PROGRAMS

For program information and registration contact Jenna
E: jennach@langs.org or P:519-248-4769 ext. 3003

Sole Mates at NDCHC

Walk the track, then have coffee, tea and other refreshments in the Senior Lounge.

Date: Wednesdays & Fridays
Jan 8 - Mar 5
Time: 9:00 am - 11:00 am



Programs are open to the community, anyone can join!

NDCHC is located at
2958 Greenfield Rd Ayr, ON

Take a Break at Kirkwood

Snacks, games, crafts, speakers, and more!
191 Stanley St. Ayr in the Lounge.

Date: Thursdays
Jan 9 - Mar 6
Time: 11:00 am - 12:30 pm



Take a Break at Maple Grove

Snacks, games, crafts, speakers, and more!
43 Oxford St., Drumbo in the Lounge

Date: Thursdays
Jan 9 - Mar 6
Time: 1:30 pm - 3:00 pm

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