

JUNE 2024

PARTNERS NEWSLETTER

Important Updates for On-Site Partners at Langs



THE
Hub@1145



SUMMER IS HERE!

Whether you revere the beach, enjoy camping, or love hosting barbecues in your backyard, we hope each and everyone of you have a wonderful summer filled with great weather and even better memories of time spent with family and friends.

ROOM BOOKINGS - NEW 2024 RATES & BOOKING REQUEST GUIDELINES*

HEALTH & SAFETY CODE REVIEWS - CODE RED

REMINDERS - MAIL, ADDITIONAL KEY REQUESTS & INCLEMENT WEATHER

THIS MONTH'S NOTABLE SPOTLIGHT SERIES PARTNER

Hospice Waterloo Region

UPCOMING EVENTS



CAMBRIDGE NEIGHBOURHOOD TABLE

June 4, 10, 18 & 24, 2024 | 5-6:30pm

LANGS COMMUNITY GARAGE SALE

June 22, 2024 | 7:00am

LANGS COMMUNITY PICNIC

July 17, 2024 | 4:00-7:00pm

BUILDING UPDATES

Langs' Annual Fire Inspection will take place on Tuesday, August 20th. Inspectors will be on site to check emergency exits, fire alarms, smoke detectors and other safety systems in place. A fire drill will also take place at 12:30pm



HEALTH AND SAFETY CODE REVIEW: CODE RED - FIRE



Code Red: Fire

Langs has a coordinated fire plan that has been developed for each of its sites:

- 1145 Concession Road, Cambridge, ON.
- 2958 Greenfield Road, Ayr, ON (North Dumfries satellite).
- 6-150 Pinebush Road, Cambridge, ON (Regional Coordination Centre (RCC)).
- 1 Groh Avenue, Cambridge, ON (Grow Community Centre).
- 123 Pioneer Drive, Suite 204, Kitchener, ON (Diabetes Education, Doon Site).

The purpose of a fire plan is to coordinate, in the most efficient manner, all human and equipment resources available to fight the fire and perform an effective evacuation of participants, volunteers and employees. It is mandatory that all employees and volunteers participate in Langs' fire safety program and are knowledgeable with the fire plan and Langs' facilities.

- Each employee will have specific instructions to follow when discovering a fire or when a fire alarm sounds.
- The fire plan including a map with the location of all rooms, offices, exits, and fire exits is posted in each corridor.
- A specific fire plan is posted in each office.
- Fire drills must be conducted at a minimum of once per year.
- Occupational Health and Safety Committee (OH&S) co-chairs are responsible to conduct a review of the fire drill plan yearly and for ensuring fire drills are completed at each site.
- A fire drill report will be completed by a member of the OH&S after each fire drill and a report will be sent to employees electronically to provide feedback on the success of the drill and any opportunities for learning that arise from the drill. This will be done in a timely manner to maximize learning opportunities.
- Each employee is responsible for reading the fire safety plan, understanding the content, and knowing who the fire warden is in their area.
- All organizational partners who have on-site offices and employees will be informed of the fire safety plan and will be made aware of their closest emergency exits.

Assembly Points:

- **1145 Concession Road - Outdoor:** By the mustering points | **Indoor:** St. Michael's School
- **North Dumfries Satellite - Outdoor:** At the front of the ND Community Complex
- **Regional Coordination Centre - Outdoor:** 150 Pinebush Rd. Parking Lot | **Indoor:** National Pasta Store, 25 Struck Court
- **Grow Community Centre - Outdoor:** Masonic Temple | **Indoor:** Sail store
- **Diabetes Education Doon Site - Outdoor:** Zehrs Parking Lot | **Indoor:** Zehrs grocery store

PARTNERS

spotlight series

Join us every month as we feature a list of on-site partners and provide a platform to have conversations with a purpose. On-site Partners will have an opportunity to discuss and promote their innovative activities, ideas, and events happening in the community.





Hospice Waterloo Region is a very proud partner organization at Langs CHC. Langs has been a great supporter of our programs, especially when we were working to get our programs up and running again after the pandemic.

The program we are most excited to share with you is our [Day Away Program](#). Our Day Away Program runs from our Langs office on Thursday mornings, and it is designed for individuals who are living with a life-limiting illness. It gives our clients a chance to come together, to socialize and be with others who can understand what they are going through. We provide refreshments, coffee and tea, and most importantly, smiles and laughter. Our Day Program Coordinator, Kayla Haas, prepares activities for the group that everyone can take part in. Examples of activities include music trivia, painting bird houses, playing cards and working on puzzles.

Here are the [Frequently Asked Questions](#) we receive about our Day Away Program:

Client Eligibility? Clients must be living with a life-limiting or palliative illness to attend. A prognosis of 18 months or less. They must be independent in their care needs (i.e. medication, toileting) and able to meaningfully participate in the group.

Age range? Gender? This is a program for adults. Our group tends to be 40 and up. We have a mix of genders, backgrounds and faiths. We are a Positive Space for all members of the LGBTQ+ community.

Cost? There is no cost to participants for any of the services or programs offered by Hospice Waterloo Region.

Transportation? We have a volunteer driver team that will pick up the client to bring them to and from our hospice programs. We occasionally have capacity to drive clients to their medical appointments as well.

How can I make a referral for the Day Away Program? If you know someone who might be a good fit for the Day Away Program, referrals can be made via email or fax to intake@hospicewaterloo.ca. Our referral form is available at <https://www.hospicewaterloo.ca/wp-content/uploads/2022/06/Hospice-of-Waterloo-Region-Referral-Form-2022.pdf>. A medical referral is not required for community services like the Day Away Program. For more information, please contact our Intake and Quality Coordinator, Sarah Beth Grasby, at sbgrasby@hospicewaterloo.ca or call 519-743-4114 ext. 608. Thank you for taking the time to read about our Day Away Program!

UPCOMING EVENTS

CAMBRIDGE NEIGHBOURHOOD TABLE | 5:00-6:30PM

For those onsite partners interested in taking part in any of the dates listed by volunteering their time and/or setting up a booth at Langs to showcase their services, please contact Alison at alisonb@langs.org OR Dave at davidc@langs.org

NEIGHBOURHOOD GARAGE SALE 7:00 AM UNTIL SOLD OUT

Join us for a day of shopping in the Langs Parking Lot on June 22nd for our first ever Neighbourhood Garage Sale.

Bring your family and friends and get some great deals on household items, sports equipment, electronics and so much more!

Interested in purchasing a table for the event? Register at [Garage Sale Table Link](#) or reach out to Darcy Edwards, Communications and Special Events Coordinator at darcy@langs.org or 519-653-1470 ext. 348.

LANGS COMMUNITY PICNIC JULY 17th | 4:00-7:00PM

Join us for a day full of community family fun! Admission is \$1/per person or \$5 max for a family.

For more information on this event, contact Sandra at sandrac@langs.org OR 519-653-1470, ext. 232.



You're invited
CAMBRIDGE NEIGHBOURHOOD TABLE

5-6:30 PM | **FREE DINNER & SOCIAL**

1145 Concession Road
1332 Hamilton Street

Tuesday, June 4th **Freedom Centre**
Monday, June 10th **Langs**
Tuesday, June 18th **Freedom Centre**
Monday, June 24th **Langs**

www.kinbridge.ca/cambridge-neighbourhood-table



Langs
Community. Health. Wellness.

Neighbourhood Garage Sale

JUNE 22, 2024

7 AM UNTIL SOLD OUT
Scan the QR code to purchase your table today!
1 TABLE FOR \$15
2 TABLES FOR \$25

1145 CONCESSION RD
CAMBRIDGE
LANGS PARKING LOT



Langs Community Picnic

Wednesday, July 17, 2024
Langs
1145 Concession Rd, Cambridge
4:00 - 7:00 pm

BBQ, bouncy castle, community partners, games, and more!

Admission
\$1/person
\$5 max for family

For more information, contact Sandra
sandrac@langs.org 519-653-1470 ext.232

REMINDER

IDER

MAIL



For our partners who have mailboxes at Langs, please make sure to check them when you are on site.

ADDITIONAL KEY REQUESTS



As part of your lease agreement with Langs, our partners are entitled to two keys, free of charge, for their leased on-site space. **Effective January 1, 2024**, any additional key requests outside these two keys will result in a cost of \$10/key for each key request. This amount will then be invoiced on a quarterly basis. Please send any key requests to Alison at alisonb@langs.org.

INCLEMENT WEATHER



In the event of a closure, all announcements will be posted on our website.

If you notice any unsafe conditions (flooding, downed trees, power lines, etc.), please contact main reception so that this can be addressed as soon as possible.



ROOM BOOKINGS - NEW 2024 RATES AND BOOKING REQUEST GUIDELINES*

In order to find the most efficient meeting space for your needs, we have provided you with a list of our available meeting rooms. Rooms are available for client meetings, training sessions, workshops, community programs, etc.

*Please note that effective immediately, partner meeting room booking requests are available MONDAY TO FRIDAY ONLY. Room booking requests made outside the work week are not part of the current lease agreements in place and will be charged normal Saturday non-profit rates.

*Effective January 1, 2024 new room charge out rates will apply (see example below for comparison). These new rates have been adjusted for inflation.

2023 Room Rates for S206 (up to 4 hrs): \$30.00

2024 Room Rates for S206 (up to 2 hrs): \$25.00 | (2 to 4 hrs): \$35.00

Please make all room booking requests at least one week in advance through Alison at: 519-653-1470, Ext. 266 or at alisonb@langs.org.

Make sure to check your Lease Agreement for details.

FIRST FLOOR	E105, E106
SECOND FLOOR	S206, S236, N210, E204, E206

If you have any questions or comments, please feel free to contact Dave at davidc@langs.org or Alison at alisonb@langs.org. We appreciate your ideas and support of the return to in-person services.

Hub@1145 | 1145 Concession Road, Cambridge
519-653-1470 | [WEBSITE](http://www.langs.org)



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