

MAY 2024

PARTNERS NEWSLETTER

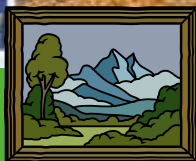
Important Updates for On-Site Partners at Langs



THE
Hub@1145



STUDIO 30



You may have noticed Studio 30 art is once again adorning the walls at Langs. The local artists create art with watercolour, acrylics, and mixed media. Their art will be hung throughout the building for viewing until May 24th.

If you are interested in purchasing a piece, please connect with Cheryl at 653-1470, ext. 224 or Sarah at 519-653-1470, ext. 240.

ROOM BOOKINGS - NEW 2024 RATES & BOOKING REQUEST GUIDELINES*

HEALTH & SAFETY CODE REVIEWS - CODE BLUE

REMINDERS - MAIL, ADDITIONAL KEY REQUESTS & INCLEMENT WEATHER

THIS MONTH'S NOTABLE SPOTLIGHT SERIES PARTNER

Thank You!

UPCOMING EVENTS



CAMBRIDGE NEIGHBOURHOOD TABLE

May 13 & 27, 2024 | 5:00-6:30pm

TEERING OFF FOR YOUTH

June 6, 2024 | Grand Valley Golf & Country Club

LANGS COMMUNITY GARAGE SALE

June 22, 2024 | 7:00am

BUILDING UPDATES

The SATURDAY WALKING TRACK is now closed. The SATURDAY WALKING TRACK will reopen again in the Fall.

HEALTH AND SAFETY CODE REVIEW: CODE BLUE MEDICAL EMERGENCY



Code Blue: Medical Emergency

At Langs, a medical emergency is defined as a situation in which there is an injury or illness that is acute and poses an immediate risk to a person's life or long-term health. These emergencies may require assistance from another person(s), who should ideally be suitably qualified to do so. Dependent on the severity of the emergency, the treatment required may include the involvement of multiple levels of care, from an on-site first aid provider, to a clinical provider (RN, NP, MD) to the regional emergency medical system (EMS) and hospital care.

Initiating a Code Blue

The employee member who requires medical assistance either for themselves or a patient/participant will call reception (main floor extension 224 or second floor extension 285) or notify them of a "Code Blue," the location of the individual requiring care, and the nature of the emergency (e.g., shortness of breath, cardiac arrest, chest pain, seizure, laceration, fall). If the employee member cannot access the telephone, they may choose to push the panic button if there is one inside the room. Reception will recognize Code Blue as an acute medical emergency and ask the caller if 911 needs to be called.

If the response is yes, the receptionist will immediately page "Code Blue" over the intercom system and state the location of the emergency (e.g., exam room 4, multi-purpose room).

- The receptionist would then call 911 from a land line phone and inform the dispatcher of the type of emergency and the site location (e.g., main site, Youth Teen Centre, North Dumfries CHC satellite).
- Land line phones are the white phones at the front desk in the clinical area at Langs' main site, and the fax phone at the North Dumfries CHC satellite or Youth and Teen Centre.

If the response is no, the receptionist will page over the intercom system immediately "Code Blue" to the specified area.

PARTNERS

spotlight series

Join us every month as we feature a list of on-site partners and provide a platform to have conversations with a purpose. On-site Partners will have an opportunity to discuss and promote their innovative activities, ideas, and events happening in the community.



NOTABLE SPOTLIGHT SERIES

Thank you to each and every on-site partner at Langs in supporting our community and continuing to submit their story in our monthly newsletter.

The opportunity to highlight what you are doing in the broader community is vital in bringing your services to the forefront to allow for collaboration, innovation and partnership.

If you are interested in being featured in our newsletter or have a new program or event you would like to promote, please reach out to Alison at alisonb@langs.org.

UPCOMING EVENTS

CAMBRIDGE NEIGHBOURHOOD TABLE

5-7:30 PM FREE DINNER
& SOCIAL

For those onsite partners interested in taking part in any of the dates listed by volunteering their time and/or setting up a booth at Langs to showcase their services, please contact Alison at alisonb@langs.org OR Dave at davidc@langs.org

You're invited
**CAMBRIDGE
NEIGHBOURHOOD
TABLE**

5-6:30 PM | **FREE DINNER
& SOCIAL**

Langs 1145 Concession
Road

1332 Hamilton
Street

Tuesday, May 7th Freedom Centre
Monday, May 13th Langs
Tuesday, May 21st Freedom Centre
Monday, May 27th Langs

www.linbridge.ca/cambridge-neighbourhood-table

TEEING OFF FOR YOUTH

Join us on June 6th at Grand Valley Golf & Country Club for our first golf fundraiser, "Teeing Off for Youth". Enjoy a day of networking, 18 holes of golf (cart included), and lunch.

Proceeds will support Youth Programs at Langs and Preston Heights Community Group.

Scan the QR Code to register or reach out to Darcy Edwards, Communications and Special Events Coordinator at darcy@langs.org or 519-653-1470 ext. 348 OR Dave Cooke, Community Services Manager at davidc@langs.org or 519-653-1470 ext. 234.

Langs

TEEING OFF FOR YOUTH

GOLF TOURNAMENT
THURSDAY, JUNE 6, 2024

**GRAND VALLEY GOLF &
COUNTRY CLUB**
1910 Roseville Road
Cambridge, ON N1R 5S3

10:00 am Registration
12:00 noon Shotgun Start

REGISTRATION
\$180

Enjoy a day of networking, 18 holes of golf (cart included), and lunch.

Proceeds will support Youth Programs at Langs and Preston Heights Community Group.

Registration open March 21, 2024

Questions? Justin West | justin@prestonheights.ca | 226-868-6006
Dave Cooke | davidc@langs.org | 519-653-1470 ext 234

NEIGHBOURHOOD GARAGE SALE 7:00 AM UNTIL SOLD OUT

Join us for a day of shopping in the Langs Parking Lot on June 22nd for our first ever Neighbourhood Garage Sale.

Bring your family and friends and get some great deals on household items, sports equipment, electronics and so much more!

Interested in purchasing a table for the event? Register at [Garage Sale Table Link](#) or reach out to Darcy Edwards, Communications and Special Events Coordinator at darcy@langs.org or 519-653-1470 ext. 348.

Langs
Community Health Initiatives

Neighbourhood Garage Sale

JUNE 22, 2024

7 AM UNTIL SOLD OUT
Scan the QR code to
purchase your table
today!

1 TABLE FOR \$15
2 TABLES FOR \$25

1145 CONCESSION RD
CAMBRIDGE
LANGS PARKING LOT

REMINDER

IDER

MAIL



For our partners who have mailboxes at Langs, please make sure to check them when you are on site.

ADDITIONAL KEY REQUESTS



As part of your lease agreement with Langs, our partners are entitled to two keys, free of charge, for their leased on-site space. **Effective January 1, 2024**, any additional key requests outside these two keys will result in a cost of \$10/key for each key request. This amount will then be invoiced on a quarterly basis. Please send any key requests to Alison at alisonb@langs.org.

INCLEMENT WEATHER



In the event of a closure, all announcements will be posted on our website.

If you notice any unsafe conditions (flooding, downed trees, power lines, etc.), please contact main reception so that this can be addressed as soon as possible.



ROOM BOOKINGS - NEW 2024 RATES AND BOOKING REQUEST GUIDELINES*

In order to find the most efficient meeting space for your needs, we have provided you with a list of our available meeting rooms. Rooms are available for client meetings, training sessions, workshops, community programs, etc.

*Please note that effective immediately, partner meeting room booking requests are available MONDAY TO FRIDAY ONLY. Room booking requests made outside the work week are not part of the current lease agreements in place and will be charged normal Saturday non-profit rates.

*Effective January 1, 2024 new room charge out rates will apply (see example below for comparison). These new rates have been adjusted for inflation.

2023 Room Rates for S206 (up to 4 hrs): \$30.00

2024 Room Rates for S206 (up to 2 hrs): \$25.00 | (2 to 4 hrs): \$35.00

Please make all room booking requests at least one week in advance through Alison at: 519-653-1470, Ext. 266 or at alisonb@langs.org.

Make sure to check your Lease Agreement for details.

FIRST FLOOR	E105, E106
SECOND FLOOR	S206, S236, N210, E204, E206

If you have any questions or comments, please feel free to contact Dave at davidc@langs.org or Alison at alisonb@langs.org. We appreciate your ideas and support of the return to in-person services.

Hub@1145 | 1145 Concession Road, Cambridge
519-653-1470 | [WEBSITE](http://www.langs.org)



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