

APRIL 2024

# PARTNERS NEWSLETTER

Important Updates for On-Site Partners at Langs



THE  
**Hub**@1145



## WELCOME SPRING!

Spring is a lovely reminder of how beautiful change can be. When our community works together, we have the power and knowledge to make a positive difference. Our partnership with each and everyone of you is proof of that.

Thank you!

## **ROOM BOOKINGS - NEW 2024 RATES & BOOKING REQUEST GUIDELINES\***

## **LANGS' PARTNER PORTAL**

## **REMINDERS - MAIL, ADDITIONAL KEY REQUESTS & INCLEMENT WEATHER**

## THIS MONTH'S NOTABLE SPOTLIGHT SERIES PARTNER

Family and Children's Services  
Waterloo Region

## UPCOMING EVENTS



### **CAMBRIDGE NEIGHBOURHOOD TABLE**

April 22 & 29, 2024 | 5:00-7:30pm

### **LANGS "THIS IS US" OPEN HOUSE**

May 1, 2024

### **LANGS COMMUNITY GARAGE SALE**

June 22, 2024 (more information to come in next month's newsletter)

## BUILDING UPDATES

Saturday, April 27th will be the last day for the SATURDAY WALKING TRACK. The SATURDAY WALKING TRACK will reopen again in the Fall.

# LANGS' PARTNER PORTAL



Welcome and thank you for signing on and keeping in touch with us at Langs! From now on, you'll have access to regular updates about events, newsletters, learn about other on-site partners, and, yes, find the meeting room that suits your needs....all at the push of a button.

With the launch of our new Partner Portal, we hope to create content monthly that is accessible, informative and keeps you in touch with what's happening here at Langs and in the community.

To get started, scroll down to the bottom of the Langs webpage at [www.langs.org](http://www.langs.org), click "Partner Login" and enter the username/password noted below. From here feel free to scroll through the tabs for what you need (i.e., meeting room capacity chart, weather and parking updates, etc.)

Username: partnerportal

Password: PartnerPortal1!

This username and password is the same for all our onsite partners, so please feel free to share with your staff.

Got a suggestion or feedback to share? We're always looking to improve how we connect with our on-site partners. If you have a question, comment or suggestion, please share it with Alison at [alisonb@langs.org](mailto:alisonb@langs.org).

# PARTNERS

# spotlight series

Join us every month as we feature a list of on-site partners and provide a platform to have conversations with a purpose. On-site Partners will have an opportunity to discuss and promote their innovative activities, ideas, and events happening in the community.





## FAMILY & CHILDREN'S SERVICES OF THE WATERLOO REGION

The Sexual Abuse Treatment Program (a.k.a SATP) has been operating at Family and Children's Services since 1988. SATP offers assessment and treatment services for children and youth under the age of 18 and their caregivers in the areas of sexual harm and concerning and/or abusive sexual behaviours. Services are provided both in-person and online and fall into two main streams, counselling/therapy treatment and consultations and educational workshops to child welfare staff and community professionals. Counselling/therapy available through SATP is individual counselling and/or one of the following treatment groups: Male Youth Group for males who have engaged in sexually harmful behaviours; Survivor Group for children/youth who have experienced sexual abuse; and a non-binary and self-identified female group who have experienced trauma and are presenting with emotional and behavioural reactions to their experiences that may increase their vulnerability of experiencing or re-experiencing sexual abuse/assault or being involved in unhealthy relationships.

Parents and caregivers are actively encouraged to participate in their child's treatment. SATP includes caregivers in the service/treatment plan whenever possible as treatment efficacy improves significantly with parental involvement. The presence of at least one supportive caring adult makes a significant difference in the health and well being of children and youth. In addition, the caregiver's ability to support and respond to the child's needs immediately following a disclosure is critical to helping the child begin to heal from the abuse and reduces symptomology. Caregiver involvement is a standard component of any evidence-based trauma treatment. Moreover, given that most of the children/youth who are referred to SATP, also have child welfare involvement, parents may also require support around their own addictions, mental health issues, situations of intimate partner violence and their own trauma histories. While SATP is not the parent's therapist, there are many barriers which prevent parents from seeking their own treatment, therefore SATP needs to spend more time with the parent to help them understand how to navigate through their own struggles so they can effectively understand and respond to the needs of their children/youth. SATP staff place significant value and effort in engaging families into their children/youth's treatment.

Caregivers are encouraged to be a regular part of their children/youth's treatment. Therapy sessions are provided to the parent both separately and/or with their child to provide them with the education, skills, knowledge, and support to be able to understand and respond to the needs of their children/youth. Given the importance of post disclosure response by the caregivers, SATP prioritizes meeting with caregivers as quickly as possible to ensure they have the skills and support to respond to the needs of their children. Youth over 12 can consent to their own treatment under the CFSA, however parent involvement is always encouraged where appropriate.

The Sexual Abuse Treatment Program has a strong working relationship with Child Welfare and the Child and Youth Advocacy Centre collaborating to identify needs and plan timely responses to meet the families needs. SATP continues to co-lead groups in partnerships with local agencies, such as Lutherwood, Sexual Assault Support Center and Community Justice Initiative. These partnerships help to maximize individual agency's resources while ensuring client needs are being met in our community.

SATP is a regional service with offices both in Kitchener and Cambridge. Services are available to all community members free of charge regardless of involvement with child welfare; however, many of the referrals originate from child welfare given the program's relationship within Family & Children's Services.

Family and Children's Services is committed to addressing the racism and discrimination resulting in First Nation, Inuit, Metis, Black and Racialized children, youth, and families overrepresented within the child welfare system. All staff are participating in anti-racism, anti-Black and 2SLGBTQIA+ training so that we can improve our services to ensure they are equitable and responsive to these needs of Black, Indigenous, racialized and 2SLGBTQIA children and youth.

# UPCOMING EVENTS

## CAMBRIDGE NEIGHBOURHOOD TABLE

**5-7:30 PM** FREE DINNER  
& SOCIAL

For those onsite partners interested in taking part in any of the dates listed by volunteering their time and/or setting up a booth at Langs to showcase their services, please contact Alison at [alisonb@langs.org](mailto:alisonb@langs.org) OR Dave at [davidc@langs.org](mailto:davidc@langs.org)

## “THIS IS US” OPEN HOUSE

We are excited to extend an invitation to you and your team to join us for the "This is Us" Open House at Langs on May 1, 2024.

Date: May 1, 2024  
Time: 5:30pm-7:30pm  
Location: Langs (1145 Concession Rd Cambridge, ON)

This event will serve as an opportunity for us to showcase our impact and to celebrate collaboration within our community. We believe that your organization's participation will enrich the event and contribute to the exchange of ideas and experiences. You are invited to attend and host an information booth to promote your program during this event. If you are interested, please sign up here: : <https://forms.office.com/r/jntK54JAK6>.

We believe that your organization's participation will enrich the event and contribute to the exchange of ideas and experiences.

We look forward to seeing you at the open house and sharing this experience with you.

If you have any questions, feel free to reach out to Darcy Edwards, Communications and Special Events Coordinator at [darcy@langs.org](mailto:darcy@langs.org) or 519-653-1470 ext. 348.



**APRIL DATES**

**ABOUT CNT**  
Join us to share a conversation and a meal with your community. Free dinner, a social, and activities for all ages. We are in the Freedom area the 1st and 3rd Tuesday of the month at the Freedom Centre, and the 2nd and 4th Monday of the month at Langs. Look below to see where we will be for January.

**Langs**  
1145 Concession Road  
1332 Hamilton Street  
Freedom Centre

**Tuesday, April 2nd** Freedom Centre  
**Monday, April 8th** Langs  
**Tuesday, April 16th** Freedom Centre  
**Monday, April 22nd & 29th** Langs

[www.cambridgetable.org](http://www.cambridgetable.org) | [info@cambridgetable.org](mailto:info@cambridgetable.org)



**Langs**

**THIS IS US**

**OPEN HOUSE**  
MAY 1, 2024  
5:30PM-7:30PM  
ALL ARE WELCOME

1145 Concession Road Cambridge, ON

Join us for an open house to learn more about the programs and services offered at Langs.

We will also highlight the offerings of our on-site partners!

**WHAT TO EXPECT**

- Information Booths
- Refreshments
- Tours of the Building
- Opportunities to get involved

**SCAN THE QR CODE TO REGISTER**  
All who pre-register will be entered into a door prize draw!

REMINDER

## MAIL



For our partners who have mailboxes at Langs, please make sure to check them when you are on site.

## ADDITIONAL KEY REQUESTS



As part of your lease agreement with Langs, our partners are entitled to two keys, free of charge, for their leased on-site space. **Effective January 1, 2024**, any additional key requests outside these two keys will result in a cost of \$10/key for each key request. This amount will then be invoiced on a quarterly basis. Please send any key requests to Alison at [alisonb@langs.org](mailto:alisonb@langs.org).

## INCLEMENT WEATHER



In the event of a closure, all announcements will be posted on our website.

If you notice any unsafe conditions (flooding, downed trees, power lines, etc.), please contact main reception so that this can be addressed as soon as possible.



# ROOM BOOKINGS - NEW 2024 RATES AND BOOKING REQUEST GUIDELINES\*

In order to find the most efficient meeting space for your needs, we have provided you with a list of our available meeting rooms. Rooms are available for client meetings, training sessions, workshops, community programs, etc.

\*Please note that effective immediately, partner meeting room booking requests are available MONDAY TO FRIDAY ONLY. Room booking requests made outside the work week are not part of the current lease agreements in place and will be charged normal Saturday non-profit rates.

\*Effective January 1, 2024 new room charge out rates will apply (see example below for comparison). These new rates have been adjusted for inflation.

2023 Room Rates for S206 (up to 4 hrs): \$30.00  
2024 Room Rates for S206 (up to 2 hrs): \$25.00 | (2 to 4 hrs): \$35.00

Please make all room booking requests at least one week in advance through Alison at: 519-653-1470, Ext. 266 or at [alisonb@langs.org](mailto:alisonb@langs.org).

Make sure to check your Lease Agreement for details.

FIRST FLOOR	E105, E106
SECOND FLOOR	S206, S236, N210, E204, E206

If you have any questions or comments, please feel free to contact Dave at [davidc@langs.org](mailto:davidc@langs.org) or Alison at [alisonb@langs.org](mailto:alisonb@langs.org). We appreciate your ideas and support of the return to in-person services.

**Hub@1145** | 1145 Concession Road, Cambridge  
519-653-1470 | [WEBSITE](http://www.langs.org)

